

Memorial Anteunis 25: Session: 2: COACH evaluation sheet for TEAM: HZS

Coachinfo: Warming up from: 13:30 untill 14:20. Teamleadmeeting @ 14:15 Relay line-up input: The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BREASTSTROKE WOMEN 11-17 Heat:13, starttime: 14:55

Heat: 13/13 Lane : 4 Athlete: EVENS NOOR Q-time: 01:13:21

PB (25m pool): 01:13.21 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 01:15.49SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.28		01:13.21	
	00:34.28		00:38.93		
					

Coach feedback:

Event number: 15: 100M BUTTERFLY WOMEN 11-17 Heat:9, starttime: 16:35

Heat: 9/9 Lane : 0 Athlete: EVENS NOOR Q-time: 01:06:47

PB (25m pool): 01:06.47 3500 Hasselt 20/10/2024 PB (50m pool): 01:07.46SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.60		01:06.47	
	00:30.60		00:35.87		
					

Coach feedback: